

Small Group Study Week 1

Worship The Triune God

Icebreaker: Each person in the group share 2-3 sentences about a favorite hobby, interest, or activity.

Recap: This Sunday, we talked about the vision of worship from Isaiah 6:1-8. As a group, summarize some of the main takeaways that you remember from the sermon.

Read and Discuss: Take time as a group to read the following scripture passages and discuss how they relate to worship. Some starter questions are suggested for each passage.

Psalm 150

Psalm 19

- What do you learn from these psalms about praising God (who does it, how often, in what ways, etc).
- What relationship do you discern between the word of God and our praise of God? How does God's word inform our praise?
- Think about a memorable or special experience you've had in worship at some point in your life. Share that experience with the group.

Psalm 22:1-11

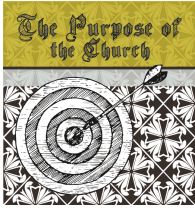
Psalm 51:1-9

- What do you learn from these psalms about the emotions we can bring to worship?
- How does God respond to our negative emotions? How are we shaped and changed when we bring these emotions to God?
- Think of a time when you felt challenged by worship or a time when you brought your lament before God. Prayerfully consider sharing that experience with the group (trusting that God might use it to encourage someone else)

Psalm 147

- What do you learn about the character of the Lord from this passage
- What do you learn about how God delights in His people?
- Think of a time when you've experienced the joy and pleasure of the Lord. Share with the group.

Pray: Each group member share one thing for which they are grateful to God. One group member should offer a brief prayer to close the group.



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Going Further:

Here are some actions you might consider to further your experience of personal worship (that is, worship beyond the corporate gathering on Sundays)

- Read the Bible daily and meditate upon it. Use one of the devotional booklets provided by the church to get started.
- Stop at points through the day and inwardly thank God for a blessing you've experienced. Set your cell phone alarm to prompt you to this.
- Look for examples of God's glory in the created world. Pause and offer an inward prayer of praise
- Sing spiritual songs. In the car, in the shower, as you do menial chores. It will make your day more joyful.
- Compose a list of things for which you are grateful. This is a great end of day practice.
- Stop to pray with someone. Do it right when they request prayer, rather than saying 'I'll pray for you' and then forgetting about it later. Note – it's a good idea to ask the person if they're comfortable receiving prayer at that moment. Don't put someone in an awkward position when they're asking for your help.
- Take a moment of reflection before undertaking a mundane task in order to commit that task unto the glory of the Lord.
- Seek excellence in our vocations and hobbies as a means of glorifying God.